

ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE

ELIZABETH TOPHAM KENNAN AWARD 2017

PRESENTED TO



Helen Marie Shields '67

HELEN MARIE SHIELDS, CLASS OF 1967, the Alumnae Association of Mount Holyoke College is pleased to present to you the Elizabeth Topham Kennan Award. This award honors alumnae whose accomplishments in the field of education exemplify the values and virtues set forth by the College.

Helen, an accomplished medical professional and renowned gastroenterologist, you have used your liberal arts foundation to mentor innumerable students. After graduating from Tufts University School of Medicine, you completed your residency at Tufts-New England Medical Center and New York Hospital-Cornell Medical Center, spending two years with the University of Pennsylvania as clinical fellow and research fellow in gastroenterology. After a move to St. Louis you became instructor of medicine, then assistant professor of medicine at Washington University School of Medicine, before a move back to the East Coast as associate professor of medicine for Harvard Medical School. Your research has led to groundbreaking discoveries, including the dangers of sodium phosphate solutions used in colonoscopy preparations, which led to the FDA banning these particular solutions.

In 2010 you became the first faculty member promoted to professor of medicine under a new set of criteria recommended by a Harvard task force. An award-winning professor, you designed a new approach to teaching based on the values taught at Harvard Business School, creating a three-part faculty development program where teachers learn to lead discussion. Your book, *A Medical Teacher's Manual for Success: Five Simple Steps*, has become a resource for medical school faculty members on how to teach effectively. Throughout your career, you have received numerous teaching awards, all the while continuing to learn from accomplished teachers in different disciplines and incorporating relevant techniques to more effectively teach medicine.

Helen, for your accomplishments, the Alumnae Association is honored to present you with the Elizabeth Topham Kennan Award on this, your fiftieth reunion.

MARCIA BRUMIT KROPP '67
PRESIDENT
ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE

NANCY BELLOWS PEREZ '76
INTERIM EXECUTIVE DIRECTOR
ALUMNAE ASSOCIATION OF MOUNT HOLYOKE COLLEGE